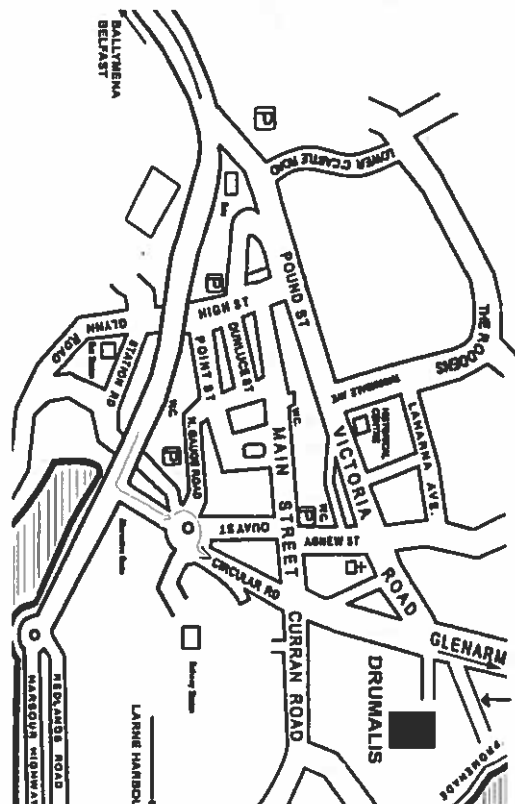


*Blessed be the longing that brought you here and that quickens your soul with wonder, May you have courage to befriend your eternal longing. May you enjoy the critical and creative companionship of the question: 'who am I?' and may it brighten your longing. May a secret providence guide your thought and shelter your feelings. May your mind inhabit your life with the same sureness with which your body belongs in the world. May the sense of something absent enlarge your life. May your soul be as free as the ever-new waves of the sea. May you succumb to the danger of growth. May you live in the neighbourhood of wonder. May you belong to love with the wildness of dancer. May you know that you are ever embraced in the kind circle of God.*

- John O'Donoghue

## DIRECTIONS



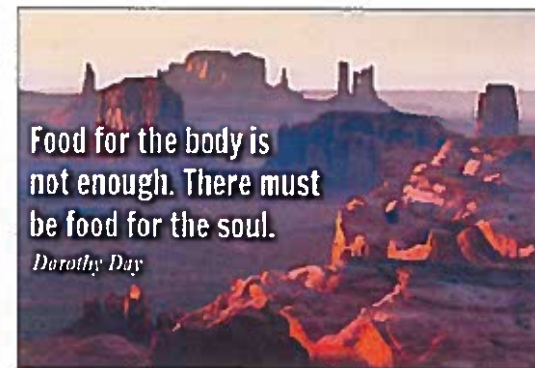
**By Road:** From Belfast take the M2 and leave it at the A8 exit. Just outside Larne leave the A8 by turning left onto Pound Street at the High Rise Flats. Continue straight on, through three sets of traffic lights to the end of Victoria Road, Drumalis gates are directly across the Glenarm Road.

**By Public Transport:** From Railway, Bus and Harbour follow the signs for the Coast Road. Drumalis is on the right before Bankheads Lane before you leave the town.

*If you would like further information about getting to Drumalis, please do not hesitate to contact us.*

# MANNA

*& Small Miracles*



16-17 February 2015

*A Retreat for Men and Women  
in Ministry*

with  
**Maria Garvey & Rev Anne Tolland**

*"Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, 'Come with me by yourselves to a quiet place and get some rest.'"*

- Mark 6:12

Drumalis, 47 Glenarm Road, LARNE,  
County Antrim, BT40 1DT  
Tel 028 28272196/2827 6455 Fax 028 2827 7999  
Email [drumalis@btconnect.com](mailto:drumalis@btconnect.com)  
Website: [www.drumalis.co.uk](http://www.drumalis.co.uk)

# MANNA & Small Miracles

## BOOKING FORM

Name .....

Address .....

Postcode .....

Tel No .....

Mobile No .....

Email .....

Special Requirements  
(dietary, ground floor accommodation, etc)

.....  
A non-refundable and non-transferable deposit of £30 is required with each booking made payable to Drumalis. This will be counted as part of the total cost.

Please return completed Booking Form and deposit to: Coordinator of Admin Services, Drumalis, 47 Glenarm Road, LARNE, County Antrim, BT40 1DT

*Cheques should be made payable to Drumalis.  
We accept payment by credit/debit card.  
Why not save time by paying deposits and booking your place by phone.*

In a busy, noisy world it is not unusual to be drawn away from the deepest call of our hearts. It can sometimes seem as though we are living at a distance from ourselves, spinning our wheels and moving through life on automatic pilot. We are often aware of a longing for home and a hunger for something we can vaguely remember but can't quite reach.

**Manna & small miracles, an interdenominational retreat for people in ministry**, is an invitation to you to come away to a quiet place to rest, pray and bring to mind what matters most to you. It offers a breathing space where you can re-connect with your centre; remember who you are and why you do what you do. It will be a time to nourish your spirit and reconnect with your heart. In the tranquil setting of Drumalis you will have space to listen for 'the still small voice of God' and re-awaken to the wholehearted 'Yes' that originally called you into being and gave you your mission.

*"Did not our hearts burn within us, while he talked with us on the road, and while he opened to us the scriptures?"*  
- Luke 24:32

We will eat good food, rest, pray and recognize our shared humanity and the gift of one another. Scripture, story, mindfulness practices and silence will be at the heart of our time together with opportunities for personal reflection and sharing. As we journey together, we will recognize the 'Manna & small miracles' hidden in the ordinary, everyday moments of our lives and our hearts will be moved once more into a ministry "rooted and grounded in love" (Ephesians 3:17)

*"They related the things that happened along the way and how they recognized him in the breaking of the bread"*  
- Luke 24:35

### Facilitators:

**Reverend Anne Tolland** is minister of Newtownbreda Presbyterian Church in Belfast, having previously served as minister for almost 12 years in Cairncastle Presbyterian. She is deeply committed to church unity and collaborative ministry.

She is involved in interchurch work, developing links with the Church of Ireland, Roman Catholic, Methodist, Non-subscribing Presbyterian and Emerging churches. Her abiding commitment to the social witness of the Gospel is characterized by a Christian love and practical concern for people.

Because of positive experiences of spiritual direction in her life, she is particularly drawn to creating spaces for people who minister, providing the tools to be re-ignited by the power of scripture, through rest, reflection and a renewal and reclamation of their own sense of call.

**Maria Garvey** Founder and member of the L'Arche Community in Belfast and more recently Leader of L'Arche on the Island of Ireland, Maria now leads 'The Way of the Heart Foundation', a movement dedicated to fostering respect for the dignity and belonging of all people and revealing love at the heart of care and community. She is passionate about bringing the gifts of people in the margins to the centre. In a world focused on performance and productivity she is particularly committed to recognizing people's gifts, unlocking human potential and creating spaces where people know that they matter and make a difference.

Inspiring people to do what inspires them, as a leader, teacher and coach, Maria works together with people, groups and organizations at the core of what matters most to them. She is an experienced retreat and workshop leader both nationally and internationally. Scripture, centering prayer and mindfulness practices nourish and invigorate her own spiritual journey.

### Duration:

This residential retreat will begin with registration from 11 am on Monday, 16 February. There will be a short welcome and introduction at 12:15 pm followed by lunch. The retreat will end after lunch on Tuesday, 17 February.

### Cost:

Residential - £125 (includes meals, accommodation & facilitation)  
Non-Residential - £95 (Day 1 finishes at 9:00 pm, Day 2 begins with prayer together at 7:30 am (optional))