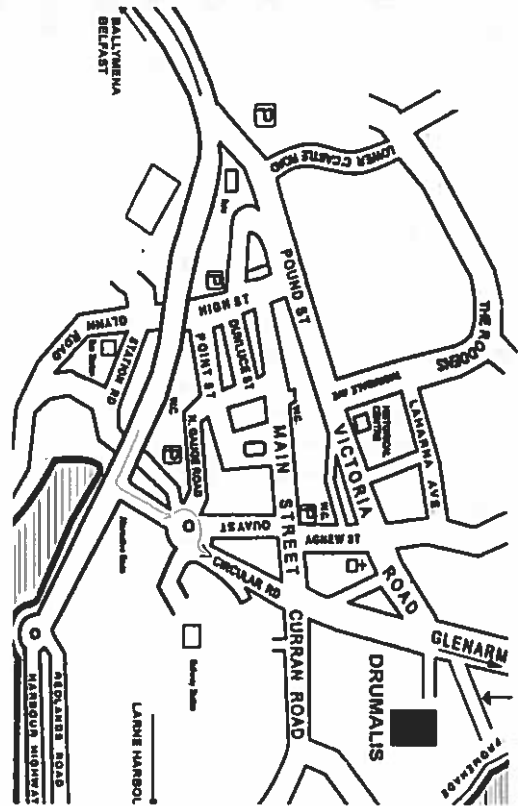


'He called a little child to him, and placed the child among them and he said: Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven'

- Matthew 18:2-3



DIRECTIONS



By Road: From Belfast take the M2 and leave it at the A8 exit. Just outside Larne leave the A8 by turning left onto Pound Street at the High Rise Flats. Continue straight on, through three sets of traffic lights to the end of Victoria Road, Drumalis gates are directly across the Glenarm Road.

By Public Transport: From Railway, Bus and Harbour follow the signs for the Coast Road. Drumalis is on the right before Bankheads Lane before you leave the town.

If you would like further information about getting to Drumalis, please do not hesitate to contact us.

TALITHAKUM AWAKENING THE CHILD WITHIN



Photo courtesy of Octavia Shively Blinn

Saturday, 5 September 2015 at Drumalis

A Retreat for Women of all ages and walks of life, offering a soft and gentle space to awaken your inner child and open your heart to life unfolding in every moment and relish the simple pleasures of everyday...

Led by Maria Garvey

"like a forgotten fire, a childhood can always flare up again within us."

- Gaston Bachelard

EARLY BIRD BOOKING OFFER - £40 PER PERSON (UNTIL 31 JULY)

Drumalis, 47 Glenarm Road, LARNE,
County Antrim, BT40 1DT
Tel 028 28272196/2827 6455 Fax 028 2827 7999
Email drumalis@btconnect.com
Website: www.drumalis.co.uk

TALITHAKUM
AWAKENING THE CHILD WITHIN

BOOKING FORM

*Then, gently taking the child by the hand,
he said to her, "Talithakum," which means,
"Little girl, I say to you, get up."*

- Mark 5:41

The world is full of possibilities and children don't often let the reasonable get in the way of the possible. Through the eyes of a child the world is a playground without boundaries. As the years pass, however, we tend to lose touch with these childlike gifts of innocence, curiosity and delight and our big and spacious hearts contract.

But ... growing up doesn't have to mean losing that clear-eyed vision and true instinct for what is beautiful and awe-inspiring. It doesn't mean having less choice and fewer possibilities for your life. You can be grown up and still treasure, nurture and trust in your ability to extract the juice from every moment, delight in your dreams and connect with your authentic joy.

Led by Maria Garvey, TALITHA KUM is a retreat for women of all ages and walks of life. It is a soft and gentle space to:

- ❖ Awaken your inner child.
- ❖ Open your heart to life unfolding in every moment and relish the simple pleasures of everyday.
- ❖ Re-ignite your passion and your sense of being fully alive.
- ❖ Set your imagination free so that you are inspired by your dreams and find the courage to follow them.
- ❖ Re-connect with your innate gifts and the true purpose of your one wild and wonderful life.

Through scripture, art, music, journaling, mindfulness, good food, good company and beautiful scenery this retreat aims to rekindle your spark and reawaken your delight in the limitless possibility in every single moment.

Facilitator:

Maria Garvey, founder of the L'Arche Community in Belfast and leader of L'Arche on the island of Ireland, now leads 'Kridyom', an association of dedicated professionals working together to empower people, nurture communities and transform lives. Aware of a growing sense of human isolation and a marked increase in stress and depression, Maria is deeply committed to every single person having a place to belong where they can flourish and shine. She is passionate about bringing the gifts in the margins to the center, unlocking human potential and supporting individuals, organizations and communities to live and work from the core of their humanity. Inspiring people to do what inspires them, she facilitates groups, offers leadership coaching and training and teaches Mindfulness Based Stress Reduction (MBSR) and other transformational practices. She is experienced in spiritual accompaniment and in leading retreats and workshops both nationally and internationally. Scripture, centering prayer, nature, the creative arts and friendship nourish and sustain her own life and spiritual journey.

"When you can see the world through eyes of a child, excitement, playfulness and wonder will become part of your life again."

- Tejal Patel

Duration:

The day will begin with registration and tea and coffee on arrival at 9:00 am on Saturday, 13 June. It will finish at 4:45 pm.

Cost:

Early Bird Booking Offer: For bookings made until Friday, 31 July, a reduced rate of £40 per person is being offered. After that date, the full price of £60 per person applies. The rate includes refreshments and lunch as well as facilitation fees.

Name

Address

Postcode

Tel No

Mobile No

Email

Special Requirements (eg, dietary)

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A non-refundable and non-transferable deposit of £20 is required with each booking made payable to Drumalis. This will be counted as part of the total cost.

Please return completed Booking Form and deposit to: Co-ordinator of Admin Services, Drumalis, 47 Glenarm Road, LARNE, County Antrim, BT40 1DT

*Cheques should be made payable to Drumalis.
We accept payment by credit/debit card.
Why not save time by paying deposits and booking your place by phone.*